

In the Claims:

- 1 (Currently Amended). Process for producing a substance, characterized in that
- a stirrable, ~~in particular pulpy~~ first substance is produced from the comminution of shelled seeds or nuts,
 - with addition of a first liquid and, ~~preferably with addition of salt, sugar or salt-like or sugar-like substances,~~
 - oil or liquefied fat is added to this stirrable, ~~in particular pulpy,~~ first substance and thus a second substance is produced,
 - an acidic second liquid or an acidulant is added to this second substance, as a result of which a firmer consistency is obtained;
- ~~the consistency of the substance produced being able to be determined by the amount of the added acidic second liquid.~~
- ~~The substance produced may be whipped somewhat with air or nitrogen.~~
- 2 (Original). Process according to Claim 1, characterized in that the added oil or fat is produced from seeds or nuts.
- 3 (Original). Process according to Claim 1, characterized in that the seeds or nuts originate from a single plant species.
- 4 (Original). Process according to Claim 3, characterized in that the seeds are sunflower seeds.
- 5 (Currently Amended). Process according to Claim 1, characterized in that the first liquid comprises water, fruit juice, or vegetable juice or is produced from plants or fungi.
- 6 (Original). Process according to Claim 1, characterized in that the acidic second liquid is lemon juice.
- 7 (Original). Process according to Claim 1, characterized in that the quantitative ratios of seeds or nuts to the first liquid to salt or sugar etc. are about 100:50 to 1000:0 to 200, based on their parts by weight.
- 8 (Original). Process according to Claim 1, characterized in that the quantitative ratio of the pulpy first substance to oil or liquefied fat is about 100:20 to 300, based on their parts by weight.

- 9 (Original). Process according to Claim 1, characterized in that the quantitative ratio of the acidic second liquid to the liquid second substance is about 2 to 20 : 100, based on their parts by weight.
- 10 (Original). Food characterized by a content of a substance according to one of the preceding claims.
- 11 (Currently Amended). Food according to Claim 10, ~~in particular milk substitute drink~~, characterized by a content of a flavouring substance in the form of fruit juice constituents and/or a dilution by addition of aqueous liquid.
- 12 (Original). Toiletry characterized by a content of a substance according to Claim 1.
- 13 (Original). Toiletry according to Claim 12, characterized by a content of a perfuming substance in the form of herb or plant constituents.
- 14 (Original). Cleaning agent characterized by a content of a substance according to Claim 1.
- 15 (Original). Cleaning agent according to Claim 14, further characterized by a granular constituent.
- 16 (Original). Cleaning agent according to Claim 14, characterized in that the granular constituent is coarsely ground sunflower seeds or sunflower bran, cereals, meal, bran, sawdust, grated coconut, sand or lime constituents.
- 17 (New). Process according to Claim 1, characterized in that the consistency of the substance produced is able to be determined by the amount of the added acidic second liquid or the acidulant, respectively.
- 18 (New). Process according to Claim 1, characterized in that the second substance is acidified by bacteria.